

8th Grade Class Trip - Adventure Trek Student Timeline

Look up Asheville, NC for weather information on www.weather.com

Monday, August 30

5:40 am Students start arriving – please park in lot across the street to keep the drive clear for the buses and student drop off.
We suggest sweatshirts and pants for the bus ride and either wear shorts and a tee shirt or bring them along to change into before reaching NC.

Students may keep their daypacks with them – PLEASE, no food, candy or gum on this trip. We will provide snacks and meals. Adventure Treks food will be plentiful - personal food attracts critters into the campsites. **If you have a special food consideration, please contact Mrs. Donovan 513 225-5862 or elissa.donovan@7hills.org.**

*Students will need a full water bottle with them on the bus.

No Electronics! –This is a great chance to unplug!!!! We will provide movies for entertainment on the bus ride. We will not be able to charge batteries and will be outside of cell range once we reach Cove Creek base camp. All personal items will be stored outside for four days, so digital equipment risks damage. We can reach home if needed through Adventure Treks and parents can communicate important information to us by reaching Adventure Treks office 888 954-5555. A phone blast will be sent to 8th grade parents to confirm our return time on Friday.

Students load their duffle bags under the bus. They will not have access to these bags until we reach base camp.

If bringing medication, please pack it in a zip-lock bag labeled with name and enclose dosage & directions. These bags should be turned in to Mrs. Clemens by the front door at Lotspeich on arrival.

Students may not carry or administer any medications/vitamins themselves with the exception of epi pens and inhalers.

6:00 am Bus leaves at 6 am sharp. The office will not open until 8:00 am so please call Mrs. Neidlein-Dial's cell if there is an issue. 513 825-0134. Please let us know as soon as possible if there is a sudden absence.

Mid Morning Bus drivers will find a rest stop for a 20 min Breakfast Break (school provided)

12:30pm Arrive at the Welcome Center on Fish Hatchery Rd to meet Adventure Treks.
Unload onto vans.
Arrive at base camp for lunch.

Evening Some groups will stay in camp for a campfire, others will go out for their overnight backpack.

Tuesday, August 31

Day Hikes, Creek Stomping, Rock Climbing, Sliding Rock

Evening Some groups will stay in camp for a campfire, others will go out for their overnight backpack.

Wednesday, Sept 1

Day Hikes, Creek Stomping, Rock Climbing, Sliding Rock

Evening Advisory Cook Off!
Pack daypack for Friday's rafting trip – towel, sunscreen, dry set of clothes and shoes for bus ride, plus a full water bottle.
Plan to wear bathing suit and water shoes to the rafting center.

Thursday, Sept 2

5:30/6 am Wake up call, very special – you will LOVE it!!!

6:30 am Breakfast at base camp. – Must breakdown camp and load bags on trailer before breakfast.

7am Load buses at Welcome Center/Fish Hatchery

9am Arrive at Nantahala Outdoor Center. They will provide a snack on the way to the river.

12:30 pm Eat lunch at the rafting facility.

1:30 pm Board buses for home.

5:30 pm Dinner on bus.

Early Evening Phone blast to all parents on updated arrival time.

9:30 pm Return to school – remember to collect all medications from advisor/group leader. Parents – please park across the street so buses may unload safely. Parents should check in with their child's advisor before departing from school.

Friday, Sept 3 – No School!!!!